

Mediation Related Quotes

“Love your child more than you hate trying to communicate with the other parent.”

“When children are involved, failing to communicate is like setting up a stage where the parents will be the villain/victim and the child will be the Master of Ceremonies.”

“Parents do not have the luxury of avoiding communicating. All alternatives to communication are inadequate and most have adverse consequences for all involved including the child.”

“We tend to judge ourselves by our *intentions* and judge others by the *impact of their actions on us.*”

“Between the stimulus and the response there is a space, and in this space lies our power and our freedom.” *Victor Frankel*

“Nothing so needs reforming as other people’s habits.”

“A failure to plan is a plan to fail!”

“What you do speaks so loud, I can’t hear what you say!”

“When it comes to change, people like only the ones they make themselves.”

“Faced with the choice between changing one’s mind and proving there is no need to do so, almost everybody gets busy on the proof.”

“Every fight is on some level a fight between differing angles of vision illuminating the same truth.”

“A problem well-stated is half solved.”

“When tempted to ‘fight fire with fire’ remember the Fire Department usually uses water.”

“Let’s be tough on the problem but easy on the people.”

“Use soft words and hard arguments.” *English Proverb*

“Insanity is doing the same thing in the same way and expecting different results.”

“Conflict is inevitable - Combat is optional.”

With respect to a child’s well being “There should be nothing between parents but mortar.”